

Hot Drinks

English Breakfast Tea	\$2.50
Earl Grey Tea	\$2.50
Earl Grey Tea Latte	\$3.50
Camomile	\$2.50
Peppermint	\$2.50
French Rose	\$3.00
A pot of our House Blend of Oolong & Nurawa tea leaves	\$6.00

Feel free to ask for herbs, honey or lemon to customise your very own tea.
(Basil, Coriander, Rosemary or Thyme)

Milk	\$2.00
Hot Chocolate with Marshmallows	\$4.00
Espresso	\$2.50
Macchiato	\$2.80
Americano/Long Black/Black Coffee	\$3.00
Caffè Latte/Cappuccino	\$3.50
Mocha	\$4.00
Affogato	
Vanilla Ice Cream with a shot of Espresso	\$4.00
Additional shots of Espresso	\$1.20

Caffè Latte/Cappuccino at \$2.50 from 10-11 a.m

Cold Drinks

Coke/Diet Coke/Sprite/Root Beer	\$2.00
Home-made Iced Lemon Tea	\$2.50
Juices (Orange/ Mango)	\$2.50
Iced Latte	\$4.00
Iced Mocha with Whipped Cream	\$4.50
Freezes (Watermelon Mint/ Lychee Sage)	\$4.00
Ice Cream Float	
Pick your choice of Soda and Ice Cream	\$4.00
Iced Chocolate with Whipped Cream	\$4.50
Milkshakes with Whipped Cream	
Vanilla/Chocolate/Strawberry	\$5.50
Earl Grey/Mocha/Peanut Butter	\$6.00

Beers and Wine Talk to us

Desserts

Our desserts are freshly prepared on the spot when ordered. Please be prepared to wait 10-15 mins as we prepare and bake them in the oven.

Butterscotch Peach Crumble \$7.90
Golden crumble crust filled with peaches, raisins and roasted almond slices in a bubbling homemade butterscotch sauce, topped with a scoop of vanilla ice cream.

Bread and Butter Pudding \$7.90
Brown sugar-crust bread with raisins soaked in cream, topped with a scoop of vanilla ice cream.

Sticky Marshmallow Brownie Cup \$9.50
Chunks of our really rich chocolate brownies packed with hot sticky marshmallows and a shot of espresso on the side for you to drizzle. Topped with a scoop of vanilla ice cream.

Caution: only suitable for chocobolics.

Other sweets Refer to counter

Cakes

Please check the cake counter for availability. Whole cake orders should be made 3 days in advance.

Old Southern Red Velvet Cake \$5.50
3-layered cherry cocoa vanilla pound cake slathered all over with a lemon cream cheese icing.

Chocolate Banana Malteser \$5.50
Moist chocolate sponge layered with bananas and chocolate mousse, topped with halved chocolate maltesers and a delicate dark chocolate coating.

Moist Carrot Cake \$5.50
A hearty, moist cake made with carrots, walnuts and fresh pineapples, topped with a rich layer of lemon cream cheese icing.

Mango Cheese Cake \$5.50
Non-baked cheese cake on a caramel crusty base topped with a mix of fresh cut and pureed mangoes.

Oreo Cheese Cake \$5.50
Non-baked cheese cake full of crumbled mini oreos with an oreo cookie base.

Really Rich Chocolate Brownie \$5.50
Our take on how a rich and fudgy brownie should be.

Durian Mousse Cake \$6.00
Finely balanced cake made with the King of Fruits. Limited portions, so order fast.

Nutella Chocolate Cupcake \$3.00
Every nutella fan's little friend: a small bite of hazelnut chocolatey goodness.



Our story started in 2002 with the **School of Thought** - a learning centre started by a group of longtime friends. At SOT, we teach young people how to think clearly in a rapidly globalising and confusing world while simultaneously guiding them through their examinations responsibly. **Food for Thought** is our second social enterprise. Here, we hope you will find a happy place with great comfort food at a fair price, have fascinating conversations, find new friends and discover simple ways to give back to the local and global community.

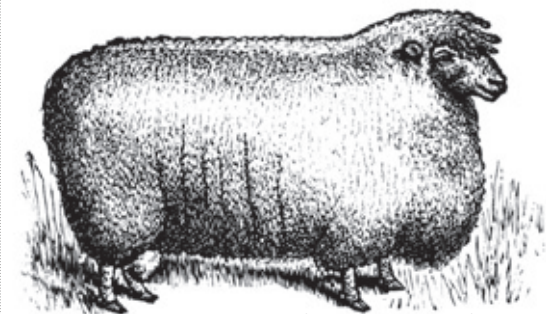


Our mission is to invest a minimum 10% of our profits into the following five areas of interest:

- 1) Support Clean Water
- 2) Feed Good Food
- 3) Help End Poverty
- 4) Educate the People
- 5) Encourage Good Acts

Our ultimate dream is not just to contribute financially but to contribute our skills and talents as well. We hope to share our dream and build a new culture of social responsibility among our customers and staff.

We want to gather all like-minded customers who believe in our vision to travel with us on our little journey to make the world a better place. Be it literally having customers join us on trips to see where our money is invested in Malawi, Cambodia or a one room flat in Singapore, or inviting customers to donate their talents to the organisations and causes that we support, we hope to encourage the birth of a new generation of social entrepreneurs and philanthropists.



food for thought
good food for a good cause

Please Order and Pay at the Counter

Good food takes time and we thank you for your kind patience



For catering or booking enquiries, please email eat@foodfortought.com.sg

For enquiries about our social causes, please email yin@school-of-thought.com



All Prices not inclusive of GST

Food For Thought does not charge for service because it is our pleasure to serve you.

Please tip us if you are happy with our service and donate to our Give Clean Water Fund.

All Day Breakfast

4 slices of Homemade Focaccia with Butter/Jam/Kaya \$2.50

Sandwiches

Gammon Ham and Cheese Melt \$6.90
Scrambled Eggs and Bacon \$7.90

Sets

2 Eggs, Romaine Salad and 4 slices of Focaccia with Ham or Bacon or Sausage \$10.90
Farmer Mushroom Snail Sausage \$12.90

Others

Please talk to us if there are special requests.

Salads

Comes on a bed of Romaine Lettuce Salad.

House

Tomato Lemongrass Corn \$6.90
Hot corn kernels sautéed with white onions, served with chopped tomatoes, shaved lemongrass and laksa leaves. Dressed with ginger sesame and our homemade chilli-lime butter.

Special

Chinese Chicken Caesar \$7.90
Tender ginger poached chicken breast paired with soft boiled eggs soaked in dark soya. Topped with ikan bilis (fried anchovies), fresh coriander and our braised dark soya dressing.

Bacon, Potato and Baked Onion \$8.90
Oven-roasted bacon, chunks of baked potato and sweet caramelised baked onions. Dressed with apple cider and capsciums.

Premium

Thyme Roasted Beef Striploin \$9.90
Pink, thinly sliced beef striploin with white onions, corn and tomatoes. Served with balsamic mustard dressing.

Honey Balsamic Smoked Duck \$12.90
Slices of roasted smoked duck breast with orange segments and red capsciums. Dressed with balsamic mustard with a drizzle of honey and thyme leaves.

We welcome customised orders as we aim to serve every customer something personalised.



Soups

Feel free to ask for some bread!

House

Roasted Garlic and Tomatoes \$5.00
Roasted and mashed garlic blended with tomatoes. Garnished with spring onions and a drizzle of garlic infused olive oil.

Special

Please check the boards or talk to us. \$6.00

Sandwiches

Served with a romaine lettuce salad with freshly chopped tomatoes and our rosemary olive oil.

Add Cheese \$1.00

House

Basil Pesto Chicken \$8.90
Tender, oven-roasted chicken breast with our fresh homemade basil pesto sauce. Served with slow roasted tomatoes and grilled eggplants.

Grilled Bratwurst \$8.90
Grilled pork sausage slices with slivers of white onions and a splash of balsamic mustard dressing.

Grilled Vegetable Medley \$8.90
A mix of red capsciums, eggplants and green zucchinis grilled till tender. Seasoned with ginger sesame soya dressing.

Special

Slow Roasted Pulled Pork \$9.90
After 3hrs of roasting, tender pork shoulders are "pulled" to shreds. Paired with baked sweet potato and served with our homemade BBQ sauce.

Mama Heng's Spicy Braised Pork \$9.90
Gently braised pork belly inspired by my mother's "kong bak" recipe. Served with tau kwa, pickled cucumbers and freshly picked coriander.

Thyme Roasted Beef Striploin \$9.90
Pink, thinly sliced beef striploin with white onions, corn and tomatoes. Served with balsamic mustard dressing.

Premium

Cuban Ham & Pulled Pork \$10.90
Built on a base of pulled pork, topped with grilled gammon ham and a slice of cheese. Drizzled with a pommery cream dressing.

All Prices not inclusive of GST

Pastas (10 - 12 mins)

140g serving of freshly cooked Spaghetti served with a Romaine Lettuce Salad with freshly chopped tomatoes and our rosemary olive oil.

C - Cream

G - Garlic and Olive Oil

P - Pesto Sauce (Basil, Grana Padano & Almonds)

T - Tomato Sauce

Add Cream \$1.00

Add 100g Pasta \$2.00

Add Mushrooms (Seasonal) \$2.00

Garlic, Thyme and Roasted Tomato (G) \$10.90
Sautéed garlic with butter, simply tossed with fresh thyme together with both chopped and roasted tomatoes.

Roasted Tomatoes (T) \$10.90
Caramelized onions and sautéed garlic simmered in a tomato based sauce, tossed with both chopped and roasted tomatoes. Garnished with laksa leaves.

Shiitake Mushrooms (G) \$13.90
Fresh shiitake mushroom sautéed with garlic and browned butter. Paired with roasted tomatoes.

Basil Pesto Chicken (P) \$13.90
Slices of tender baked pesto marinated chicken breast with grilled eggplants and roasted tomatoes. Highly recommended to add cream.

Farmer Snail Sausage (G) \$15.90
Garlic, thyme and roasted tomato pasta with a grilled pork and mushroom sausage, topped with a splash of balsamic mustard dressing. Highly recommended to add shiitake mushrooms.

Thyme Roasted Beef Striploin (C) \$16.90
Caramelized onions with thyme and cream with thinly sliced beef striploin tossed in at the last minute.

Garlic Prawn (G) \$16.90
Butterflied prawns sautéed with garlic and red capsciums. Tossed with coriander leaves and finished with a light squeeze of lemon.

Customised Ingredient dependent
Feel free to tell us how you would like your pasta done and let us to make your day!

Food For Thought does not charge for service because it is our pleasure to serve you.

Pizzas (10 - 15 mins)

Handmade with fresh dough and freshly baked tomato sauce base with a bed of onions and finished with Grana Padano Cheese and freshly torn basil leaves.

Limited Portions!

Add Pesto sauce \$1.00

Ratatouille \$16.90

A mix of red capsciums, eggplants and green zucchinis as well as roasted tomatoes.

Ham and Tomatoes \$17.90

Gammon ham cut off the bone with roasted tomatoes.

Everything Pork \$18.90

Bacon, ham and pulled pork with a drizzle of garlic olive oil and BBQ sauce.

Smoked Duck \$19.90

Juicy slices of smoked duck breast with mushrooms and capsciums.

Customised

Feel free to tell us how you would like your pizza done and let us make your day!

Mains (8-10 mins)

Served with a Romaine Lettuce Salad with a mix of grilled vegetables and our rosemary olive oil and 4 slices of our homemade focaccia.

Bacon & Sage wrapped Chicken Leg \$16.90

Juicy chicken leg marinated with our own blend of oyster sauce marinade, wrapped with fresh sage and bacon. Roasted till slightly pink to ensure its tenderness.

Honey Hoisin Baby Back Pork Ribs \$19.90

400g of pork ribs braised with 5 spice powder till tender and marinated with our honey hoisin sauce.

All our food and drinks are prepared individually with care and respect.



Please tip us if you are happy with our service and donate to our Give Clean Water Fund.